

NATIONAL HEALTH MISSION: GOVERNANCE / SCHEME

NEWS: National Health Mission has enhanced workforce, curbed several public health concerns: Centre's report to Cabinet

WHAT'S IN THE NEWS?

The National Health Mission (NHM) has significantly improved public health in India by reducing maternal and child mortality, controlling diseases, and expanding healthcare resources, contributing towards achieving Sustainable Development Goals (SDGs).

1. Introduction to NHM

- Launched in 2013 by combining the National Rural Health Mission (NRHM) and National Urban Health Mission (NUHM).
- Aims to provide affordable, accessible, and high-quality healthcare.

2. Key Achievements

a) Growth of Healthcare Human Resources

- 2.69 lakh healthcare workers added in FY 2021-22.
- Increased to 5.23 lakh in FY 2023-24, including 90,740 Community Health Officers (CHOs).

b) Reducing Maternal and Child Mortality

- Maternal Mortality Ratio (MMR): Reduced to 97 per 100,000 live births (2018–2020).
- Infant Mortality Rate (IMR): Dropped from 39 (2014) to 28 per 1,000 live births (2020).
- Total Fertility Rate (TFR): Reduced to 2.0 (2020).

c) Disease Control and Elimination

- Tuberculosis (TB) incidence reduced to 195 per 1,00,000 in 2023.
- Malaria cases decreased by 13.28% in 2021 compared to 2020.
- Kala-Azar elimination goal achieved in endemic areas by 2023.

d) Vaccination Achievements

- Measles-Rubella Campaign vaccinated 34.77 crore children (97.98% coverage).
- Administered **220 crore COVID-19 vaccine doses** from January 2021 to March 2024.

e) Response to COVID-19 Pandemic

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• Played a pivotal role under the India COVID-19 Emergency Response Package.



A Milestone in Improving India's Public Health Outcomes

- Over 12 Lakh Additional Healthcare Workers engaged
- 220 Crore Covid-19 vaccine doses administered nationwide
- MMR declined by 83% since 1990, higher than the global decline of 45%
- Higher decline of 75% in the reduction of Under 5 Mortality Rate against global reduction of 60% since 1990
- TB incidence reduced from 237 per 1,00,000 population in 2015 to 195 in 2023, mortality rate decreased from 28 to 22

3. Specialized Health Initiatives

- Pradhan Mantri TB Mukt Bharat Abhiyaan: Supported by 1.56 lakh Ni-kshay Mitra volunteers.
- Pradhan Mantri National Dialysis Programme (PMNDP): Over 62.35 lakh hemodialysis sessions in FY 2023-24.
- National Sickle Cell Anemia Elimination Mission: Screened 2.61 crore individuals.

4. Digital Innovations

- U-WIN Platform: Launched in January 2023 for real-time vaccination tracking, covering 65 districts.
- 5. Healthcare Infrastructure Development

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- 7,998 facilities certified under National Quality Assurance Standards (NQAS).
- 1.72 lakh Ayushman Arogya Mandir centers operational.
- Expanded Mobile Medical Units (MMUs) to 1,424 with a dedicated portal.

6. Conclusion

• NHM is instrumental in reducing MMR, IMR, and TFR, achieving healthcare goals aligned with SDGs before the 2030 target.

Source: <u>https://www.thehindu.com/sci-tech/health/national-health-mission-has-enhanced-workforce-curbed-several-public-health-concerns-centres-report-to-cabinet/article69127550.ece</u>



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