



P.L. RAJ IAS & IPS ACADEMY

Civil Services Study Material

AWARDS

A RECORD OF EXCELLENCE, A SOURCE OF INSPIRATION



HONORING
ACHIEVEMENTS



MOTIVATING
GENERATIONS



KNOWLEDGE
THAT INSPIRES



STAY INFORMED
STAY AHEAD



**COMPREHENSIVE
COVERAGE**
In-depth Study of
All Important Topics



**CURRENT
TRENDS**
Latest Updates &
Recent Awards



**EXAM
FOCUSED**
UPSC Pattern Based
Approach



**PRACTICE
QUESTIONS**
Chapter-wise PYQs
& Model MCQs



**STRATEGIC
PREPARATION**
Concept Clarity
+ Answer Writing

UPSC Prelims Current Affairs (July 2026) MONTHLY COMPILATION



📍 1447 / C, 3rd Floor, 15th Main Road,
H Block, Anna Nagar West,
Chennai - 600040.

☎ +91 9445132221, +91 9445032221

☎ 044 4232 3192

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1. Tenzing Norgay National Adventure Award (TNNA) 2025

Prelims:

National Awards and Honours

Mains:

GS Paper II-Government policies and initiatives, GS Paper III-Sports (human resource development)

Current relevance:

The **Ministry of Youth Affairs & Sports** has invited **online nominations** for the **Tenzing Norgay National Adventure Award (TNNA) 2025**. Nominations are open from 21 July to 20 August 2026 through the National Awards Portal.



Highlights:

1. **Tenzing Norgay National Adventure Award (TNNA)** is India's highest national award for excellence in adventure activities.
2. **Objective:** Recognises exceptional achievements in adventure while promoting **endurance, courage, teamwork, leadership, and adventure sports** among youth.
3. Award is presented in **four categories**:

- i. Land Adventure
 - ii. Water (Sea) Adventure
 - iii. Air Adventure
 - iv. Lifetime Achievement
4. Awardees receive: bronze statuette, Certificate, Blazer with silken tie (or saree), **Cash award of ₹15 lakh.**
5. This award enjoys a status **equivalent to the Arjuna Award** and is presented by the **Government of India** along with the **National Sports Awards.**
6. **Eligibility:**
- i. **Indian citizens** with outstanding achievements in adventure activities are eligible to apply, achievements of the **last three calendar years** are considered during the selection process.
7. **Recommendation:**
- i. Applicants may obtain recommendations from State Youth/Sports Departments or Recognised adventure institutions.
 - ii. Recommendations are **mandatory** for serving personnel of the **Army, Navy, and Air Force.**

Source: PIB –

<https://www.pib.gov.in/PressReleasePage.aspx?PRID=2287049®=48&lang=1>

2. Achievers of commonwealth games

Prelims:

Current events of national and international importance

Mains:

GS Paper I – Indian Society, GS Paper II – Government policies and interventions for the development of the sports sector

Current relevance:

Indian weightlifters made a strong start at the **Commonwealth Games in Glasgow** by winning two medals on the opening day of the weightlifting competition.



Highlights:

About the Commonwealth Games:

1. The Games originated in **1930**, when the **first edition** was held in Hamilton, Ontario, **Canada**.
2. Glasgow is hosting the Games in **2026**, making it only the **third city** in Commonwealth Games history to host the **event twice**.
3. The Commonwealth Games are a **quadrennial international multi-sport event** in which athletes from Commonwealth countries and territories compete under the framework of the Commonwealth Sport Movement.

Achievers of 2026:

1. Mirabai Chanu's Gold-Medal Performance:

- i. She won her **third successive Commonwealth Games gold medal** in the women's 48kg category.

- ii. The achievement highlights her continued dominance in **Commonwealth weightlifting**.
- iii. **Future Focus:** Following her Commonwealth Games success, **Mirabai** stated that she would shift her focus to the **Asian Games**.

2. **Rishikanta Singh Chanambam's Silver Medal**

- i. Rishikanta Singh Chanambam secured the **silver medal** in the men's 60kg category.
- ii. He became the **first male weightlifter** from **Manipur** to win a Commonwealth Games medal.

Significance of the Achievements:

1. **Indian Dominance in Weightlifting**

The gold and silver medals demonstrate India's continued strength in Commonwealth weightlifting.

2. **Mirabai's Sporting Consistency**

Winning three consecutive Commonwealth Games gold medals reflects Mirabai's consistency, technical excellence and ability to perform under pressure.

3. **Women's Empowerment through Sports**

Mirabai's achievement highlights the growing success of Indian women in international sports.

4. **Contribution of Manipur**

Both Mirabai and Rishikanta **belong to Manipur**. Their achievements underline the State's important contribution to Indian weightlifting and national sports.

5. **National Pride and Inspiration**

Winning medals at an international multi-sport event enhances national pride and encourages younger athletes to pursue sporting careers.

Source: THE HINDU - https://www.pressreader.com/india/the-hindu-kolkata-9ww9/20260727/281517937907718?srsId=AfmBOop7D6-zvhCM_zwUOgzNBuojlzBrdc9qagpcs8mUVy-YaxCCmEn-