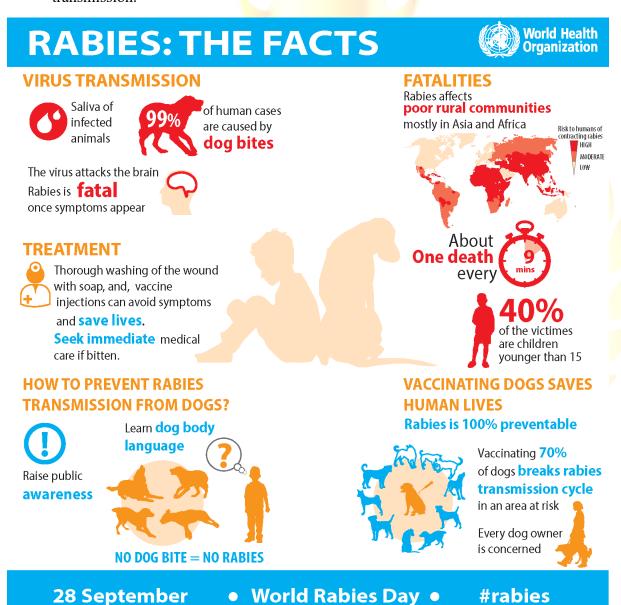


WORLD RABIES DAY – 28 SEPTEMBER

News: 28 September is observed as the World Rabies Day. This year's "Breaking Rabies Boundaries" highlights that One Health is not for a selected few but for everyone.

About Rabies

- Rabies is a vaccine-preventable, zoonotic, viral disease affecting the central nervous system.
- Transmission: In up to 99% of the human rabies cases, dogs are responsible for virus transmission.



- It is an RNA virus of the rhabdovirus family that can affect the body in one of two ways.
 - It can enter the peripheral nervous system directly and migrate to the brain.

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- It can also replicate within muscle tissue. From here, it enters the nervous system through the neuromuscular junctions.
- Once inside the nervous system, the virus produces acute inflammation of the brain

Types:

- Furious or encephalitic rabies: A person with it is more likely to experience hyperactivity and hydrophobia.
- Paralytic or "dumb" rabies: It causes paralysis as a dominant symptom.
- Vaccines: Newer rabies immunoglobulin (Rabies Ig) and the rabies vaccine are essential for post-exposure prophylaxis (PEP) against rabies.
 - Rabies Ig is specifically used for **category 3 bites**, which involve severe exposure such as transdermal bites or scratches, and provides immediate protection by supplying ready-made antibodies.
- Situation in India: Rabies in India, as of 2021, caused 59,000 deaths, representing 33% of the global total.
 - Notably, 96% of these fatalities resulted from dog bites.
 - The overall economic cost of dog-mediated Rabies was estimated to be \$8.6 billion.

